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## Self-Force and Radiation Reaction;

#### Or, How to Annoy Your 110 Professor

DAVID GRABOVSKY

SPS, Spring 2021

April 12, 2021

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Invitation			

Recall your first encounter with **Coulomb's law**:  $F = \frac{kq_1q_2}{r^2}$ .



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Recall your first encounter with **Coulomb's law**:  $F = \frac{kq_1q_2}{r^2}$ . Isn't it weird that the force a particle exerts on itself is *infinite*?

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Today, we will do electromagnetism *correctly*. Self-consistently solving the Maxwell-motion equations leads to a **radiation reaction** force with pathological consequences that continue to be hotly debated today.

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Today, we will do electromagnetism *correctly*. Self-consistently solving the Maxwell-motion equations leads to a **radiation reaction** force with pathological consequences that continue to be hotly debated today.

The "resolution" is that point charges are pathological. Carefully taking the pointlike limit of an extended distribution yields finite self-effects.

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Welcome to the Maison Électromagnétique de SPS!

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Classical El	ectromagnetism		

Electromagnetism is the (second) most beautiful physical theory ever invented. It concerns charged objects and the *fields* they produce.

**Big idea:** the sources determine the fields, which guide particle motion.

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#### Classical Electromagnetism

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EM is governed by the Maxwell equations and the Lorentz force law:

$$\nabla \cdot \mathbf{E} = \frac{\rho}{\varepsilon_0}, \qquad \nabla \times \mathbf{E} = -\frac{\partial \mathbf{B}}{\partial t},$$
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$$\mathbf{F} = q(\mathbf{E} + \mathbf{v} \times \mathbf{B}) \iff m\ddot{\mathbf{r}} = q(\mathbf{E} + \dot{\mathbf{r}} \times \mathbf{B}).$$

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- **Sources:** charge distribution  $\rho$  and current **J**. Collectively,  $J^{\mu}$ .
- Fields: electric and magnetic fields  $\mathbf{E}$  and  $\mathbf{B}$ . Collectively,  $F_{\mu\nu}$ .
- Particles: points  $\mathbf{r}(t)$  of mass m and charge q. Collectively,  $x^{\mu}$ .

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# Test Charges and Self-Consistency

Relativistic Formulation of Classical EM:

 $\nabla_{\mu}F^{\mu\nu} = J^{\mu}, \qquad \nabla_{[\mu}F_{\nu\rho]} = 0, \qquad ma_{\mu} = qF_{\mu\nu}u^{\nu}.$  (1.2)

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Problems typically studied in textbooks and courses:

- Ind the fields produced by given sources or vice versa; (ok)
- Ind the motion of a test charge for given fields/sources. (NO!)

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- Find the motion of a test charge for given fields/sources. (NO!)

In order to respond to the EM fields, a particle must be charged. But this means that it creates its own fields, which in turn modify its trajectory.

Ignoring the effect of a charge's field on itself is logically inconstent. The Maxwell-Lorentz equations must be solved **self-consistently**.

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**Warning:** This contradicts textbooks, which demand that charges feel no self-forces. This is the heart of the problem, and will be taken up later.

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## **Electromagnetic Radiation**

#### Maxwell's Equations Again:

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Recall that an accelerating point charge emits electromagnetic radiation.

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Recall that an accelerating point charge emits electromagnetic radiation. The  $\mathbf{E}$  and  $\mathbf{B}$  fields it produces carry energy and momentum away from the particle. It must therefore be kicked back, by Newton's third law.

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The result is **radiation reaction** or **radiation damping**, a **self-force** that acts back on the particle. It was first studied by Abraham and Lorentz.

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**Q:** Can we determine the self-force and solve for the particle's true path? **A:** Yes, but you're not going to like the answer. Among the predictions are exponentially accelerating (**runaway**) and **retrocausal** solutions.

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### Derivation of the Abraham-Lorentz Force

The Larmor formula gives the power radiated by an oscillating charge:

$$P = \frac{\mu_0 q^2}{6\pi c} \mathbf{a}^2 = \frac{\mu_0 q^2}{6\pi c} (\mathbf{a} \cdot \mathbf{a}).$$
(2.1)

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The average work done on the particle by the radiation it emits over one period is caused by an **Abraham-Lorentz force** that pushes it back:

$$W = -\int_{t_1}^{t_2} P \,\mathrm{d}t = \int_{t_1}^{t_2} \mathbf{F}_{\mathrm{rad}} \cdot \mathrm{d}\mathbf{r} = \int_{t_1}^{t_2} (\mathbf{F}_{\mathrm{rad}} \cdot \mathbf{v}) \mathrm{d}t.$$
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We can compute W from the Larmor formula by integrating by parts:

$$W = -\frac{\mu_0 q^2}{6\pi c} \int_{t_1}^{t_2} \left( \frac{\mathrm{d}\mathbf{v}}{\mathrm{d}t} \cdot \frac{\mathrm{d}\mathbf{v}}{\mathrm{d}t} \right) \mathrm{d}t = -\frac{\mu_0 q^2}{6\pi c} \left( \frac{\mathrm{d}\mathbf{v}}{\mathrm{d}t} \cdot \mathbf{v} \right) \Big|_{t_1}^{t_2} + \frac{\mu_0 q^2}{6\pi c} \int_{t_1}^{t_2} \left( \frac{\mathrm{d}^2\mathbf{v}}{\mathrm{d}t^2} \cdot \mathbf{v} \right) \mathrm{d}t$$
$$= \int_{t_1}^{t_2} \left( \frac{\mu_0 q^2}{6\pi c} \dot{\mathbf{a}} \cdot \mathbf{v} \right) \mathrm{d}t \stackrel{!}{=} \int_{t_1}^{t_2} (\mathbf{F}_{\mathrm{rad}} \cdot \mathbf{v}) \mathrm{d}t \implies \mathbf{F}_{\mathrm{rad}} = \frac{\mu_0 q^2}{6\pi c} \dot{\mathbf{a}}. \tag{2.3}$$

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#### The Problems Begin: Runaway Solutions

The RR force is *third-order* in time. Its initial value problem is ill-posed:

$$\mathbf{F} = m\ddot{\mathbf{r}} = \mathbf{F}_{\rm rad} + \mathbf{F}_{\rm ext} = \frac{\mu_0 q^2}{6\pi c} \ddot{\mathbf{r}} + \mathbf{F}_{\rm ext}.$$
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If  $\mathbf{F}_{\mathrm{ext}} \equiv \mathbf{0}$  (no fields), then  $m\ddot{\mathbf{r}} = \frac{\mu_0 q^2}{6\pi c}\ddot{\mathbf{r}}$  has runaway solutions:

$$\ddot{\mathbf{r}} = \tau \ddot{\mathbf{r}} \implies \mathbf{r}(t) = \mathbf{r}_0 + \mathbf{v}_0 t + \mathbf{a}_0 e^{t/\tau}, \qquad \tau = \frac{\mu_0 q^2}{6\pi mc}.$$
 (2.5)

These solutions violate energy conservation and are not observed. One such solution is the inspiral of an electron into its nucleus as it radiates.

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**Response 1** (cop-out): "This is a genuine prediction of EM, and signals its breakdown. The theory must be replaced by QED at small scales."

**Response 2** (Dirac): "Eliminate runaway solutions by imposing  $\mathbf{a}_0 \equiv \mathbf{0}$ ."

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#### The Problems Continue: Retrocausality

But if  $\mathbf{F}_{\text{ext}} \neq \mathbf{0}$ , things are even worse. The EOM  $m\ddot{\mathbf{r}} = m\tau \, \ddot{\mathbf{r}} + \mathbf{F}_{\text{ext}}(t)$ may be re-expressed in terms of  $\mathbf{a} = \ddot{\mathbf{r}}$  and (formally) solved:

$$m\mathbf{a} = m\tau\dot{\mathbf{a}} + \mathbf{F}_{\text{ext}} \stackrel{\text{magic}}{\Longrightarrow} m\mathbf{a} = \frac{1}{\tau} \int_{t}^{\infty} e^{-t'/\tau} \mathbf{F}_{\text{ext}}(t'-t) \,\mathrm{d}t'.$$
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The influence of  $\mathbf{F}_{\mathrm{ext}}$  is damped by  $e^{-t'/\tau}$ . For an electron,  $\tau \sim 10^{-24} \mathrm{s}$  is the time it takes light to cross the electron radius  $r_e \sim 10^{-15} \mathrm{m}$ .

**Dirac** (1938): "a signal [can] be transmitted faster than light through the interior of an electron... the interior being a region of failure... of the properties of spacetime."

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Sadly, the **Compton wavelength**  $\lambda_e \approx 10^{-12} \text{ m} \gg r_e$  makes quantum effects kick in far before pre-acceleration could become observable.

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#### The Problems Escalate: An Example

Suppose that  $\mathbf{F}_{ext} = \mathbf{F}_0$  is constant on [0, T] and vanishes otherwise. The particle experiences both pre-acceleration and runaway behavior:

$$\mathbf{a}(t) = \begin{cases} \left(\frac{\mathbf{F}_0}{m} + \mathbf{a}_0\right) e^{t/\tau}, & t \le 0; \quad \text{(pre-acceleration)} \\ \frac{\mathbf{F}_0}{m} + \mathbf{a}_0 e^{t/\tau}, & 0 \le t \le T; \quad \text{(sensible behavior)} \quad (2.7) \\ \left(\frac{\mathbf{F}_0}{m} e^{-T/\tau} + \mathbf{a}_0\right) e^{t/\tau}, & t \ge T. \quad \text{(runaway solution)} \end{cases}$$

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By a choice of  $\mathbf{a}_0$ , we can eliminate either pre-acceleration or runaway behavior, but not both: Lorentz-Abraham is *definitely* pathological.



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## The Problems Congeal: Uniform Acceleration

The most striking consequence of the self-force is that it vanishes when  $\mathbf{a} = \mathbf{a}_0$  is constant. In *free fall*,  $\mathbf{F}_{\mathrm{rad}} = \mathbf{0}$ , and yet power is radiated:

$$P = \frac{\mu_0 q^2}{6\pi c} \mathbf{a}_0^2 \neq 0.$$
 (2.8)

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Q: Where is the energy coming from? Why isn't the particle deflected?

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**Q**: Where is the energy coming from? Why isn't the particle deflected?

A: It's unclear, and much ink has been spilled on the question.

- **Blaes:** Thinking about forces is misguided. One can find the energy lost to radiation, and conserved quantities determine the motion.
- Feynman: Uniform acceleration is not periodic, so our derivation of  ${\bf F}_{\rm rad}$  picks up a boundary term. The radiation should live there.
- Einstein: The Equivalence principle views constant acceleration as no acceleration. So a freely falling point charge should not radiate!
- Wald: The issue is deeply related to the particle's self-energy.

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## What Majoring in Physics Feels Like

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Griffiths: "This is because point charges fundamentally don't exist."

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## Renormalizing Away the Problem

So how can there be any self-effects at all?!



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#### So how can there be any self-effects at all?!

**Lorentz** (1892) derived  ${\bf F}_{\rm rad}$  by considering a finite-size electron whose charge distribution is continuous. Each infinitesimal element of the "fuzzy" electron interacts with the rest of the electron, but not with itself.

In the pointlike limit, we get  $F_{\rm rad}\sim \overleftarrow{r}$  , but the self-energy is still infinite.

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**Dirac** (1938) argued that the infinite field self-energy is compensated by a *negative* infinite **bare** mass; the sum of the two is the finite **physical** rest mass m. This was the infamous **infinite** mass renormalization.

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Lorentz warrants attention, and Dirac was on the right track. (haha)

**N.B.** We are now fully relativistic. Mass is energy, space is time, and the self-force generalizes to the **Abraham-Lorentz-Dirac (ALD)** equation.

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Gralla-Harte-Wald (2009) [to the past 150 years]:



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**Big idea:** Point charges are too singular, even for physics. Consider an extended charge distribution, and take the "Cheshire cat" limit: charge, mass, and size all go to zero together while fixing the charge density  $\frac{q}{m}$ .

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**Big idea:** Point charges are too singular, even for physics. Consider an extended charge distribution, and take the "Cheshire cat" limit: charge, mass, and size all go to zero together while fixing the charge density  $\frac{q}{m}$ .

In the limit, the particle "evaporates", leaving only its worldline. The mass m is provided by the *finite* self-energy of the field it produces.

The ALD force appears as a first-order correction to the Lorentz force, and all pathological behavior is eliminated by **reduction of order**.

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**Upshot:** EM is not broken, nor does QM need to repair it. There are no infinities in the theory, nor is there any violation of physical principles.

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Key idea: ALD is a correction to the Lorentz worldline.

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### Reduction of Order

Key idea: ALD is a correction to the Lorentz worldline.

The "background" acceleration is given by the Lorentz force in the absence of radiation reaction:

$$ma_{\mu} = qF_{\mu\nu}u^{\nu} \iff m\mathbf{a} = q(\mathbf{E} + \mathbf{v} \times \mathbf{B}).$$
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If a on the RHS is the *true* acceleration, then the ALD is third-order. But if we use its *background* value, then  $a \sim v$ , so  $\dot{a}$  is only second-order in time!

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Small deviations might pile up and cause this to become a poor approximation. This is okay, as long as we *also* re-compute the Lorentz worldline as the particle moves.



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## The Gravitational Setting

GR is a field theory: the sources (all known mass-energy) determine the fields (the spacetime metric), which in turn give the sources dynamics. *Matter tells spacetime how to curve; spacetime tells matter how to move.* 

But the gravitational field carries energy, so it is also a source: gravity gravitates. This makes the Einstein field equations (EFE) nonlinear.

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**Gravitational backreaction** further complicates the situation: the EFE must be solved self-consistently with the geodesic equations, which govern pointlike "test masses," which are actually small black holes.

But the EFE *force* test masses to move on geodesics, so perturbative corrections to this motion in a background metric must *relax* the EFE.

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But the EFE *force* test masses to move on geodesics, so perturbative corrections to this motion in a background metric must *relax* the EFE.

Gralla–Wald (2011) have attacked this problem too.

In "real life," self-forces in GR are important in GW and BH simulations.

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### Quantum Bells and Whistles

Keep in mind that radiation reaction is not a quantum effect.

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But Dirac's infinite mass shenanigans resemble renormalization in QFT.

- The "bare" parameters are formally (negative and) infinite.
- Various self-contributions due to loop diagrams are also infinite.
- The "physical" or "renormalized" parameters thus remain finite.
- A finite number of infinities is okay; GR produces an infinite number.

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- The "physical" or "renormalized" parameters thus remain finite.
- A finite number of infinities is okay; GR produces an infinite number.

I am also told that there is a quantum version of the ALD equation.

**Feynman-Wheeler absorber theory**, where electrons both emit and absorb **E**-fields, postulates that particles do *not* interact with themselves. It gives a causal description of the ALD force, but not without issues.

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TL;DR			

- In EM, we specify the sources ρ and J, determine the E and B fields, and find the motion of a test charge in these external fields.
- But test charges produce their own fields, and their self-influence should modify their trajectory in a self-consistent manner.

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- But test charges produce their own fields, and their self-influence should modify their trajectory in a self-consistent manner.
- For example, the radiation emitted by an accelerated charge produces an Abraham-Lorentz damping force proportional to à.
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- The issue of uniform acceleration has inspired much debate.
- Proposed resolutions focus on taking the pointlike limit of a finite-size electron and renormalizing away the infinite self-energy.
- Wald takes the limit carefully and gets a finite self-energy. Replacing a by its background value makes the ALD equation pathology-free.
- Bells and whistles in GR and QM abound, and much work remains!

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Further Rea	ading		

• Wikipedia, "Abraham-Lorentz Force,"

https://en.wikipedia.org/wiki/Abraham-Lorentz\_force.

- Prof. Omer Blaes, 210B lecture notes.
- Griffiths, "Introduction to Electrodynamics," §11.2.
- "Does a Uniformly Accelerating Charge Radiate?" https://www.mathpages.com/home/kmath528/kmath528.htm.
- McDonald, "On the History of the Radiation Reaction," https://www.physics.princeton.edu/~mcdonald/examples/selfforce.pdf.
- Dirac, "Classical Theory of Radiating Electrons," https://royalsocietypublishing.org/doi/pdf/10.1098/rspa.1938.0124.
- Gralla, Harte, Wald, "A Rigorous Derivation of Electromagnetic Self-Force," https://arxiv.org/pdf/0905.2391.pdf.

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## Here's what you can get away with if it's 1938 and you're Dirac:

The object of the paper is to set up in the classical theory a self-consistent scheme of equations which may be used to calculate all the results that can be obtained from experiment about the interaction of electrons and radiation. The electron is treated as a point charge and the difficulties of the infinite Coulomb energy are avoided by a procedure of direct omission or subtraction of unwanted terms, somewhat similar to what has been used in the theory of the positron. The equations obtained are of the same form as those already in current use, but in their physical interpretation the finite size of the electron reappears in a new sense, the interior of the electron being a region of space through which signals can be transmitted faster than light.

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